

### Health Profile Variables

<u>Q#</u>	<u>Item Stem</u>	<u>Value</u>	<u>Label</u>
Q1	In general, how would you rate your OVERALL health?	1	Excellent
		2	Very good
		3	Good
		4	Fair
		5	Poor
Q2	In general, how would you rate your MENTAL OR EMOTIONAL health?	1	Excellent
		2	Very good
		3	Good
		4	Fair
		5	Poor
Q3	[High cholesterol] Has a doctor ever told you that you had any of the following conditions?	1	
	[High blood pressure] Has a doctor ever told you that you had any of the following conditions?	1	
	[A heart attack] Has a doctor ever told you that you had any of the following conditions?	1	
	[Angina or coronary heart disease] Has a doctor ever told you that you had any of the following conditions?	1	
	[A stroke] Has a doctor ever told you that you had any of the following conditions?	1	
	[Any kind of diabetes or high blood sugar] Has a doctor ever told you that you had any of the following conditions?	1	
	[Cancer (other than skin cancer)] Has a doctor ever told you that you had any of the following conditions?	1	
	[Emphysema, asthma, or chronic obstructive pulmonary disease (COPD)] Has a doctor ever told you that you had any of the following conditions?	1	

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	[Depression] Has a doctor ever told you that you had any of the following conditions?	1	
	[Anxiety or other mental or emotional condition] Has a doctor ever told you that you had any of the following conditions?	1	
	[Other (Please specify:)] Has a doctor ever told you that you had any of the following conditions?	1	
	Has a doctor ever told you that you had any of the following conditions?	1	None of the above
Q3_11	(Please specify:)		
Q4	Do you currently take any prescription medications on a regular basis to help manage your health?	1	Yes
		2	No
		3	Don't know
Q5	How many prescription medications do you take on a regular basis?	1	1
		2	2
		3	3-4
		4	5 or more
Q23	At any time in the last 12 months, has anyone in your household provided unpaid care to a relative or friend 18 years or older to help them take care of themselves? This may include helping with personal needs or household chores. It might be managing a person's finances, arranging for outside services, or visiting regularly to see how they are doing. This adult need not live with you.	1	Yes, I have provided care to an adult in the last year
		2	Someone else in my household has provided care
		3	No
Q24	In the last 12 months, has anyone in your household provided unpaid care to any child under the age of 18 because of a medical, behavioral, or other condition or disability? This kind of unpaid care is more than the normal care required for a child of that age. This could include care for an ongoing medical condition, a serious short-term condition, emotional or behavioral problems, or developmental problems.	1	Yes, I have provided care to a child in the last year
		2	Someone else in my household has provided care
		3	No
Q6	Because of a physical, mental, or emotional condition, do you have	1	Yes
		2	No

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	serious difficulty concentrating, remembering, or making decisions?		
Q7	Do you have serious difficulty walking or climbing stairs?	1	Yes
		2	No
Q8	Do you have difficulty dressing or bathing?	1	Yes
		2	No
Q9	Do you receive help or supervision using the telephone, paying bills, taking medications, preparing light meals, doing laundry, or going shopping (because of an impairment or physical or mental health problem)?	1	Yes
		2	No
Q10	Do you receive help or supervision with personal care (such as bathing, dressing, or getting around the house)?	1	Yes
		2	No
Q11	Do you use any aids such as a walker, grab bars in the bathtub or any other special equipment for personal care or everyday activities (because of an impairment or a physical or mental health problem)?	1	Yes
		2	No
Q12	In the last month, did you ever go without showering/taking a bath/washing up because no one was there to help?	1	Yes
		2	No
Q13	In the last month, did you ever have to stay home because you had difficulty going out by yourself?	1	Yes
		2	No
Q14	Is anyone in the family limited in any way in the ability to work at a job, do housework, or go to school because of an impairment or physical or mental health problem?	1	Yes
		2	No
Q15	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1	Yes
		2	No
Q16_times	How many times per week or per month did you take part in this activity during the past month?		
Q16_per	How many times per week or per month did you take part in this activity during the past month?		

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	Computed variable: How many times per month did you take part in this activity during the past month? [Numeric responses given per week were multiplied by 4 to convert to per month rate.]		
Q17	Do you smoke cigarettes or use tobacco every day, some days, or not at all?	1	Every day
		2	Some days
		3	Not at all
Q17A	On average, when you smoked during the PAST 30 DAYS, about how many cigarettes did you smoke a day?		
Q18	Do you drink alcohol every day, somedays, or not at all?	1	Every day
		2	Some days
		3	Not at all
Q19	On average, how many alcoholic drinks do you consume every day?	1	1
		2	2
		3	3
		4	4 or more
Q20	About how much do you weigh without shoes on?		Pounds
Q21_feet	How tall are you without shoes on?		Feet
Q21_inches	How tall are you without shoes on?		Inches
	Computed variable: How tall are you without shoes on?		Total height in inches
Q22	Would you say that your overall health has gotten better, gotten worse, or stayed about the same over the past year?	1	Gotten better
		2	Gotten worse
		3	Stayed about the same
Q31	Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all of the health care you have received in the past 6 months?	0-10	
Q32	Are you now covered by any form of health insurance or health plan or do you not have health insurance at this time? [NOTE: A health plan would include any private insurance plan through your employer or a plan that you purchased yourself, as well as a government program like Medicare or Medicaid.]	1	Yes
		2	No
Q32A		1	I do not want health insurance

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	Which of these are reasons that you are currently uninsured?	2	The cost of health insurance is too high / I cannot afford health insurance
		3	I do not have the time to get health insurance
		4	I do not know how to find information on available health insurance options
		5	I am in the process of enrolling in a health insurance plan or waiting for my health insurance coverage to start
Q33	Which of the following is your main source of health insurance coverage?	1	A plan through your employer
		2	A plan through your spouse's employer
		3	A plan you purchased yourself directly from an insurance company
		4	[State-based Healthcare Exchange Fill]
		5	Medicare
		6	[State-based Medicaid Fill]
		7	Some other source
Q34	Do you receive any financial assistance or a subsidy from the government to help you pay your health insurance premium each month?	1	Yes
		2	No
Q35	Is there a place that you usually go when you are sick or need advice about your health?	1	Yes
		2	No
		3	More than one place
Q36	[Haven't had any problems] Why don't you have a usual source of care?	0	Not checked
	[No doctors take my insurance] Why don't you have a usual source of care?	1	Checked
	[No doctors speak my language] Why don't you have a usual source of care?		
	[Doctor's office is too far away or not convenient] Why don't you have a usual source of care?		
	[Don't plan to see a doctor even when I'm sick] Why don't you have a usual source of care?		
Q37	What kind of place do you go to most often for your medical care?	1	Clinic or health center
		2	Doctor's office or HMO
		3	Hospital emergency room
		4	Hospital outpatient department
		5	Some other place
Q38	About how long has it been since you saw a doctor for a check-up?	1	Within the past year (anytime less than 12 months ago)
		2	Within the past 2 years (more than 1 year but less than 2 years ago)

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		3	Within the past 5 years (more than 2 years but less than 5 years ago)
		4	More than 5 years ago
		5	Have never seen a doctor for a check-up
Q39	In the last 6 months, how many times did you go to an emergency room to get care for yourself?	0	None
		1	1
		2	2
		3	3
		4	4
		5	5-9
		6	10 or more
Q40	What was the main reason for your last emergency room visit?	1	Didn't have a doctor
		2	Doctor's office or clinic was not open
		3	Doctor's office or clinic was open, but could not get an appointment
		4	Problem was too serious for the doctor's office or clinic
		5	Get most of my care at the emergency room
Q41	In the last 6 months, not counting the times you went to an emergency room, how many times did you go to a doctor's office or clinic to get health care for yourself?	0	None
		1	1
		2	2
		3	3
		4	4
		5	5-9
		6	10 or more
Q42	In the last 6 months, did you get health care 3 or more times for the same condition or problem?	1	Yes
		2	No
Q43	In the last 6 months, did you and a doctor or other health provider talk about specific things you could do to prevent illness?	1	Yes
		2	No
Q44	In the last 12 months, have you delayed getting medical care, tests, or treatments you or your doctor believed necessary?	1	Yes
		2	No
Q45	In the last 6 months, how often was it easy to get the care, tests, or treatments you needed?	1	never
		2	Sometimes
		3	Usually
		4	Always
Q46	In the last 6 months, were you ever not able to get medical care, tests, or treatments you or a doctor believed necessary?	1	Yes
		2	No

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Q47	What is the main reason you were not able to get medical care, tests, or treatments you or a doctor believed necessary?	1	Couldn't afford care
		2	My health plan wouldn't approve, cover, or pay for car
		3	Doctor refused to accept my insurance
		4	Doctor doesn't speak my language
		5	Couldn't get transportation to doctor's office
		6	Couldn't take time off work or get child care
		7	Didn't know where to go to get care
		8	The wait took too long
Q48	Have you had either a flu shot or flu spray in the nose within the past year?	1	Yes
		2	No
Q49	When did you have your most recent Pap test? [NOTE: A Pap smear or Pap test is a routine test for women in which the doctor examines the cervix, takes a cell sample from the cervix with a small stick or brush, and sends it to a lab.]	1	Within the past year
		2	Within the past 2 years
		3	Within the past 3 years
		4	Within the past 5 years
		5	Within the past 10 years
		6	More than 10 years ago
		7	Never
Q50	When did you have your most recent mammogram? [NOTE: A mammogram is an x-ray taken only of the breast by a machine that presses against the breast.]	1	Within the past year
		2	Within the past 2 years
		3	Within the past 3 years
		4	Within the past 5 years
		5	Within the past 10 years
		6	More than 10 years ago
		7	Never
Q51	When did you have your most recent colonoscopy? [NOTE: A colonoscopy is a test that examines the bowel by inserting a tube in the rectum.]	1	Within the past year
		2	Within the past 2 years
		3	Within the past 3 years
		4	Within the past 5 years
		5	Within the past 10 years
		6	More than 10 years ago
		7	Never
Q52	During the past 12 months, have you seen or talked to a mental health professional such as a psychiatrist, psychologist, psychiatric nurse, or clinical social worker about your own health?	1	Yes
		2	No
Q53	During the past 12 months, have you gone to a dentist for a regular teeth cleaning or check-up?	1	Yes
		2	No
Q54		0	None
		1	1

<u>Q#</u>	<u>Item Stem</u>	<u>Value</u>	<u>Label</u>
	In the past 12 months, how many times have you had an overnight stay in a hospital?	2	2
		3	3
		4	4 or more
Q55	In the past 12 months, did you or anyone in your household have problems paying or an inability to pay any medical bills? Include bills for doctors, dentists, hospitals, therapists, medication, equipment, nursing home, or home care.	1	Yes
		2	No
Q56	Do you or anyone in your household currently have any medical bills that are being paid off over time? This could include medical bills being paid off with a credit card, through personal loans, or through bill paying arrangements with hospitals or other providers. The bills can be from earlier years as well as this year	1	Yes
		2	No
Q57	Do you or anyone in your household currently have any medical bills you are unable to pay at all?	1	Yes
		2	No
Q58	[Premium] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.	1	Very confident
	[Deductible] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.	2	Somewhat confident
	[Co-payments] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please	3	Not too confident

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	indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.		
	[Co-insurance] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.	4	Not at all confident
	[Maximum annual out-of-pocket spending] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.		
	[Provider network] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the term means for health insurance coverage.		
	[Covered services] Some people find health insurance coverage complicated and difficult to understand. For each of the health insurance terms below, please indicate whether you are very confident, somewhat confident, not too confident, or not at all confident in how well you understand what the		

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	term means for health insurance coverage.		